

Phlebotomy Notes Pocket Guide To Blood Collection

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On the Motion of the Heart and Blood in Animals William Harvey 2021-12-11 On the Motion of the Heart and Blood in Animals William Harvey - William Harvey's On the Motion of the Heart and Blood in Animals is a classic work of the scientific revolution and of modern medicine, for in it he famously argued, with extensive evidence based on dissections and vivisections, for the circulation of the blood. It also overturned the longstanding theories of the heart's movement and function.

The New Sugar Busters! Shopper's Guide H. Leighton Steward 2009-07-22 SUGAR BUSTERS!® forever changed the way Americans eat, offering a delicious new approach to diet and health. The SUGAR BUSTERS!® Shopper's Guide soon followed--and made finding SUGAR BUSTERS!®-friendly fare at the grocery store and supermarket a snap. Now, five years later, this revolutionary little guide has been completely revised and updated to include more food selections and more brand names than ever before. Forget measuring, weighing, and counting fat grams and calories. Throw those charts and graphs out the door! Organized like your grocery store, this handy book takes you aisle by aisle, department by department, pointing out exactly what you can and cannot eat, including: • fresh produce • meat • seafood • dairy • deli • bakery/breads • beverages • snacks • prepared foods • condiments Also includes essential tips for lite-weight travel and reading food labels

Phlebotomy Notes Susan King Strasinger 2012-08-14 A Davis's Notes book! This pocket-sized reference provides quick access to important phlebotomy information. Clinically focused, it's the perfect guide to collecting, transporting, and processing quality blood specimens for laboratory testing. The write-on/wipe-off pages feature a dedicated space where you can fill in the specific requirements for evacuated tubes, instrumentation, and analytical procedures for two different locations.

MedSurg Notes Tracey Hopkins 2007-11 MedSurg Notes, 2nd Edition provides information in one handy pocket guide. With over 65 common clinical situations addressed, MedSurg Notes is a pocketful of confidence. The book includes: tabs for renal and endocrine; an emergency tab - including updated CPR guidelines and what to do during a code; an infections tab; combined labs and meds tab; a full color A&P snapshot; guidelines for delegation and documentation; and a simple framework for thinking and acting in urgent situations.

If I'm So Smart, Why Can't I Lose Weight? Brooke Castillo 2005-10-06 "Find, challenge, and change the emotional issues that keep you from achieving your ideal weight. Learn why you shouldn't exercise for results and how to pinpoint what's keeping you from losing weight."--Back cover.

Urinalysis & Body Fluids Susan King Strasinger 2008-02-20 Practical, focused, and reader friendly, this popular text teaches the theoretical and practical knowledge every clinical laboratory scientist needs to handle and analyze non-blood body fluids, and to keep you and your laboratory safe from infectious agents. The 5th Edition has been completely updated to include all of the new information and new testing procedures that are important in this rapidly changing field. Case studies and clinical situations show how work in the classroom translates to work in the lab.

Mosby's Assessment Memory NoteCards E-Book JoAnn Zerwekh 2015-01-23 Use this set of colorful cards to review concepts in physical examination and health assessment! With 80 full-color cartoons covering key concepts, Mosby's Assessment Memory NoteCards, 2nd Edition uses humor and mnemonics to make studying easier and more fun. These durable, detachable cards are useful in preparing for the NCLEX® or classroom exams, as a clinical reference, for writing care plans, or for patient teaching information. Created by nursing educators JoAnn Zerwekh, MSN, EdD, RN, and Tom Gaglione, RN, MSN, this convenient study tool may be used as either a spiral-bound notebook or as individual flashcards. 80 full-color illustrated mnemonics cover key assessment procedures and tips. Sturdy, spiral-bound cards offer durability as well as portability. Colored tabs make it easy to find topics. Concise What You Need to Know monographs on each card provide more detailed information and specific nursing implications. Unique! Color highlights emphasize four central topics: Abnormal findings in pink Common clinical findings in blue Important nursing implications in yellow Patient teaching in green 24 new new or revised cartoons cover current assessment topics, including these new cards: Electronic Health Record I-SBAR-R Symptom Analysis-- QLDARTS Focused Assessment Urine Ten Dipstick Follow the Lines from Client to Port The image collection, now part of the Evolve Instructor Resources, allows instructors access to the complete set of 80 full-color illustrations from Mosby's Assessment Memory NoteCards with qualified adoption.

Phlebotomy Study Guide for Certification Ascencia 2020-08-19

Hartman's Complete Guide for the Phlebotomy Technician Hartman Publishing Inc. 2020-05

Laboratory Methods for Clinical and Public Health George P. Kubica 1967

Phlebotomy Handbook Diana Garza 1999 For medical lab technology, medical assisting, respiratory therapy, radiological technology, and nursing courses. This leading text is the most accurate and current source of blood and specimen collection information for today's health care students and professionals. Designed to provide health care professionals with the clinical, technical, and communication skills and knowledge, it features sections devoted to safety; equipment and collection; special procedures and point of care testing; and quality and legal issues.

Procedures in Phlebotomy - E-Book John C. Flynn 2013-08-07 Introducing the practices and procedures of phlebotomy, Procedures in Phlebotomy, 4th Edition provides easy-to-read guidelines for both basic and special phlebotomy techniques. It describes proper procedures for venipuncture, special collection procedures, and pediatric and geriatric considerations, and addresses essential topics such as infection control, OSHA guidelines, and anatomy and physiology. It also discusses professional issues such as interpersonal communication, department management, total quality, and medical-legal topics. Written by expert phlebotomy educator John C. Flynn, Jr., this edition includes more in-depth content, a new chapter on medical terminology, new case studies, and a practice exam that prepares you for the phlebotomy certification exam. A 150-question practice exam provides a comprehensive review of content and prepares you for the phlebotomy certification examination with questions that mirror the exam's multiple-choice format. Competency score sheets allow you to evaluate your mastery of newly acquired skills related to the most critical and important steps in phlebotomy procedures. A color Tube Guide provides a quick reference for determining the type of tube to use for blood collection of common tests. Review questions at the end of each chapter reinforce your understanding and provide a self-assessment tool. A glossary provides a quick reference to definitions for all of the book's terms. A companion Evolve website enhances learning with interactive quizzes and WebLinks for further reading and research. NEW content includes a new chapter on medical terminology, and also addresses patient quality issues, geriatric considerations, and point-of-care tests. Case studies with critical thinking questions allow you to apply chapter content to real-life scenarios. Lists of key terms identify new terminology. Learning objectives begin each chapter, setting measurable outcomes you will achieve. Spanish phrases related to phlebotomy are included in the appendix for quick reference.

NHA Phlebotomy Exam 2021-2022 Newstone Phlebotomy Test Prep Team 2021-01-05 Imagine if students could get all of the practice they need from one study guide and score very high on the NHA Phlebotomy Exam. This Phlebotomy study guide combines theory and practice questions so that students are fully prepared before writing the exam. While other guides only provide around 100 questions, this guide has 300 questions along with answer explanations. There are 3 full-length tests included so that test takers will have enough practice before attempting the real exam. About Newstone Test Prep Newstone Test Prep provides students with up-to-date test questions so that they are well prepared before taking the exam. We take pride in our guides because they combine both theory and test questions. At Newstone Test Prep, we do not just compile test questions; we compile the same number of questions as the real exams, in the same format. This has been a great help for past students because they were able to simulate the real exam while studying. Thousands of students have scored higher on their exams after using our study guides.

The Phlebotomy Textbook Susan King Strasinger 2019-02-25 Rely on this comprehensive resource to master the techniques you need to safely obtain quality specimens. You'll understand all the hows and whys that lead to success in this rapidly changing field. Inside, you'll find the up-to-date coverage of routine procedures and their complications as well specialized procedures, quality and infection control, state-of-the-art equipment, medical terminology, ethical and legal issues, body systems, and related diagnostic laboratory tests.

Heme Notes Denise M. Harmening 2012-10-12 A DAVIS NOTES BOOK! This pocket-sized atlas is organized by disorder. It delivers concise, yet comprehensive coverage of the morphology of normal and abnormal peripheral blood and bone marrow cells. With more than 300 full-color photographs in the popular Davis Notes format, it the perfect reference at the bench, in class, or during clinical rotations anytime you need to identify cells.

Blood Collection in Healthcare Marjorie Schaub Di Lorenzo 2001

The Complete Textbook of Phlebotomy Lynn B. Hoeltke 2016-12-05 With a strong emphasis on hands-on learning, this highly practical text helps you develop the phlebotomy-related knowledge and skills you need to become a confident, competent health care professional. The Fifth Edition accelerates learning by following key topics immediately with relevant exercises, integrating workbook elements and textbook content to deliver a complete learning experience. The text covers the latest professional standards and competencies while thoughtfully connecting them to the realities of practice today. Step-by-step guidelines for more than 20 collection procedures are provided, along with real-life scenarios and prompts emphasizing the phlebotomist's legal and ethical role in patient care decisions. Full-color photographs highlight important steps and relevant equipment, while illustrations depict anatomical components critical to proper technique. In addition, the digital edition includes videos and interactive exercises ideal for today's learners. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

ASCP Phlebotomy Exam Secrets Study Guide Mometrix 2014-01-13 ***Includes Practice Test Questions*** ASCP Phlebotomy Exam Secrets helps you ace the Phlebotomy Exam, without weeks and months of endless studying. Our comprehensive Phlebotomy Exam Secrets study guide is written by our exam experts, who painstakingly researched every topic and concept that you need to know to ace your test. Our original research reveals specific weaknesses that you can exploit to increase your exam score more than you've ever imagined. ASCP Phlebotomy Exam Secrets includes: The 5 Secret Keys to Phlebotomy Test Success: Time is Your Greatest Enemy, Guessing is Not Guesswork, Practice Smarter, Not Harder, Prepare, Don't Procrastinate, Test Yourself; A comprehensive General Strategy review including: Make Predictions, Answer the Question, Benchmark, Valid Information, Avoid Fact Traps, Milk the Question, The Trap of Familiarity, Eliminate Answers, Tough Questions, Brainstorm, Read Carefully, Face Value, Prefixes, Hedge Phrases, Switchback Words, New Information, Time Management, Contextual Clues, Don't Panic, Pace Yourself, Answer Selection, Check Your Work, Beware of Directly Quoted Answers, Slang, Extreme Statements, Answer Choice Families; A comprehensive Phlebotomy Test review including: Certifications and Organizations, Phlebotomy Testing Tip, Anatomical Positions, Healthcare Setting, Communication, Phlebotomy Principles, Collection, Phlebotomy Terminology, Phlebotomy Acronyms; A comprehensive Medical review including: Nervous System, Signs and Symptoms, Major Hormones, Respiratory System, Cardiac Review, Maternal Responses, Psychological Processes, Blood and Urine Values, Pediatric Conditions, Musculoskeletal Conditions, GI Disease Review, Organ Functions, Pathological Conditions, Basic Tissues, Microbiology, and much more...

WHO Best Practices for Injections and Related Procedures Toolkit 2010 The new WHO guidelines provide recommended steps for safe phlebotomy and reiterate accepted principles for drawing, collecting blood and transporting blood to laboratories/blood banks. The main areas covered by the toolkit are: 1. bloodborne pathogens transmitted through unsafe injection practices;2. relevant elements of standard precautions and associated barrier protection;3. best injection and related infection prevention and control practices;4. occupational risk factors and their management.

Phlebotomy Notes Susan King Strasinger 2019-12-12 This pocket-sized reference provides great information on phlebotomy techniques, with nice summaries of procedures with many photos and illustrations. It is ideal for clinical rotations, for quick review of coursework, and to study in preparation for your certification exam.

Applied Phlebotomy Dennis J. Ernst 2005 Geared specifically to short courses in blood collection, this concise full-color text teaches the skills necessary to obtain blood specimens effectively and safely, in accordance with Clinical and Laboratory Standards Institute (formerly NCLLS) and Occupational Safety and Health Administration guidelines. The book presents step-by-step procedure instructions and explains why these procedures are important to blood specimen collections. It could Happen To You case studies discuss actual phlebotomy-related injuries. Tips From the Trenches offer practical phlebotomy pointers. In the Lab describes what happens to blood in the lab and underscores the importance of key collection concepts. Each chapter ends with multiple-choice review questions.

Critical Care Notes Clinical Pocket Guide Janice Jones 2019-01-07 This quick reference is your go-to guide for the precise yet comprehensive clinical information you need to care for adult patients safely and effectively. Completely

revised and updated, you'll find even more of what you need at a moment's notice, including coverage of rebreathing masks, cardiac surgeries, traumatic brain and head injuries, MRSA prevention and treatment guidelines, and much more!

Success! in Phlebotomy Kathleen Becan-McBride 2019 "Comprehensive exam prep for phlebotomy certification and licensure. SUCCESS! in Phlebotomy: A Q&A Review is a complete exam-preparation system that combines more than 850 exam-style questions with outline-style content review and interactive technology. Written by professional educators with vast experience in test writing, statistics, and cognitive assessment, the text covers all of the concepts, skills, techniques, standards, and instrumentation that students will encounter on certification and licensing exams for blood collection, specimen handling, and transportation. The 8th edition of SUCCESS! in Phlebotomy is sequenced to match the 10th and latest edition of The Phlebotomy Handbook."--Amazon.

NHA Phlebotomy Exam Study Guide Ascencia Phlebotomy Exam Prep Team 2019-11-20 You might think this is just another study guide. However, our healthcare test prep isn't like other study guides. Because Ascencia Test Prep's unofficial NHA Phlebotomy Exam Study Guide: Test Prep and Practice Questions for the National Healthcareer Association Certified Phlebotomy Technician Exam offers you examples, graphics, and information, you'll benefit from a quick yet total review of everything on the exam! Imagine having your test prep materials on your phone or tablet! Ascencia Test Prep's NHA Phlebotomy Exam Study Guide comes with FREE practice questions, online flash cards, study "cheat" sheets, and 35 test tips, all available online. These easy to use materials will give you the edge you need to pass your exam the first time. The National Healthcareer Association was not involved in the creation or production of this product, is not in any way affiliated with Ascencia Test Prep, and does not sponsor or endorse this product. Ascencia Test Prep's NHA Phlebotomy Exam Study Guide offers you a full review of the subjects covered on the NHA Certified Phlebotomy Technician (CPT) exam, test tips and strategies, real-world examples, and worked through practice problems. Our book covers: Online Resources Introduction Anatomy and Physiology Blood Specimen Collection Non-Blood Specimen Collection Specimen Handling, Transport and Processing Laboratory Operations ... and also includes 1 FULL practice test, so that you will be ready on test day.

Phlebotomy Fundamentals Anthony Raia 2019-08-28 The purpose of this book is to help you learn proper phlebotomy and EKG procedures and understand the whys of phlebotomy procedures. Many times, as a patient, I have observed phlebotomy techniques, and I would ask the phlebotomist, "What is the reason for drawing the tubes in that order?" I would get either no reply or "I'm not sure." Now don't get me wrong. I have met many technicians who have great skills, but some cannot explain the most important question—why? If you were asked to eat fish once a week, and you ask why, and the only answer you get is because it's good for you, well, I'm sorry but where is the why? In the same vein here, why do you draw the tubes in a certain order? When using my book, you will also be able to link onto my website as an interactive guide. So what are we waiting for? Let's begin.

Phlebotomy Exam Review Book Phlebotomy Exam Team 2014-05-05 Think all Phlebotomy Exam study guides are the same? Think again! With easy to understand lessons and practice test questions designed to maximize your score, you'll be ready. You don't want to waste time - and money! - retaking an exam. You want to accelerate your education, not miss opportunities for starting your future career! Every year, thousands of people think that they are ready for the Certified Phlebotomy test but realize too late when they get their score back that they were not ready at all. They weren't incapable, and they certainly did their best, but they simply weren't studying the right way. There are a variety of methods to prepare for the Certified Phlebotomy test...and they get a variety of results. Trivium Test Prep's Phlebotomy Exam study guide provides the information, secrets, and confidence needed to get you the score you need - the first time around. Losing points on the Phlebotomy exam can cost you precious time, money, and effort that you shouldn't have to spend. What is in the book? In our Certified Phlebotomy Exam study guide, you get the most comprehensive review of all tested concepts. The subjects are easy to understand, and have fully-explained example questions to ensure that you master the material. Best of all we show you how this information will be applied on the real exam; Phlebotomy Exam questions are included so that you can know, without a doubt, that you are prepared. Our study guide is streamlined and concept-driven so you get better results through more effective study time. Why spend days or even weeks reading through meaningless junk, trying to sort out the helpful information from the fluff? We give you everything you need to know in a concise, comprehensive, and effective package.

Phlebotomy Kathryn Almqvist 2009-12-31 Complete, labeled illustrations help phlebotomy (venipuncture) students understand those procedures that enable blood draw/testing to be safe and comfortable for patients. Different forms of testing, equipment and other aspects of phlebotomy are explored in up-to-date detail. Includes easy-to-read tables and diagrams. - Publisher.

Mosby's Manual of Diagnostic and Laboratory Tests - E-Book Kathleen Deska Pagana 2021-05-04 Understanding and performing tests, interpreting lab results, and performing patient teaching are made easier with Mosby's® Manual of Diagnostic and Laboratory Tests, 7th Edition. This one-stop resource provides clear, concise, and consistent coverage of the most commonly performed diagnostic and laboratory tests. Valuable in academic and clinical settings alike, it is beloved for its full-color design, user-friendly organization, and illustrations that help clarify key concepts. Updated content with new tests and images ensures you have the most current and relevant information available. Comprehensive and consistent presentation of tests follows a sequence that best simulates priorities in clinical practice. UNIQUE! Clinical Priorities boxes emphasize priorities and procedure considerations specific to understanding and performing tests. UNIQUE! Test Results and Clinical Significance sections describe the significance of the test findings and discuss the pathophysiology of the disease process and how it relates to the test result. UNIQUE! Related Tests sections list additional tests related to the main test, including tests that provide similar information, confirmatory information, and other tests used to evaluate the same organ, disease process, or symptom complex. UNIQUE! Critical Values sections indicate test values of particular significance. UNIQUE! Home Care Responsibilities boxes focus on post-test factors for consideration. UNIQUE! Icons indicate drugs that increase or decrease test values and patient teaching priorities. Age-Related Concerns boxes address pediatric and geriatric priorities. Results are provided in SI units in addition to others, when applicable. NEW! Common Reference Range section on the inside front cover provides quick access to this essential information. NEW! More than 25 new tests focus mainly on the areas of blood studies and x-ray studies. NEW! Quick Tips for Using this Manual section in the front matter helps you use this manual easily and efficiently. UNIQUE! Diagnostic Testing for Most Common Diseases section highlights the integration of medical testing as it relates to a specific disease, clinical syndrome, or medical condition. UPDATED! New images throughout the manual reflect the latest developments in the field.

WHO Guidelines on Drawing Blood Neelam Dhingra 2010 Phlebotomy uses large, hollow needles to remove blood specimens for lab testing or blood donation. Each step in the process carries risks - both for patients and health workers. Patients may be bruised. Health workers may receive needle-stick injuries. Both can become infected with bloodborne organisms such as hepatitis B, HIV, syphilis or malaria. Moreover, each step affects the quality of the specimen and the diagnosis. A contaminated specimen will produce a misdiagnosis. Clerical errors can prove fatal. The new WHO guidelines provide recommended steps for safe phlebotomy and reiterate accepted principles for drawing, collecting blood and transporting blood to laboratories/blood banks.

ECG Notes Shirley A Jones 2009-12-07 A quick look-up reference for ECG interpretation and management! This indispensable guide presents the basics (anatomy and physiology of the cardiovascular system, electrical conduction system of the heart, basic ECG concepts and components,) ACLS and CPR algorithms, emergency medications, and comprehensive information on monitoring leads and interpretation of over 100 ECG strips, including 12-lead and pacemaker rhythms.

RNotes® Ehren Myers 2014-03-20 Rely on this handy guide to quickly reference the practical, must-know information you need to deliver safe and effective health care in both hospital and home settings for all of your patients. Its great for students and educators on the go, while NCLEX tips, highlighted throughout, make it perfect for those preparing for the licensure exam.

Blood Collection Marjorie Schaub Di Lorenzo 2016-03-14 Cross-training? Continuing education? Refresher? Whether you're cross training, continuing your education, or taking a refresher course, the knowledge and skills you need to master the essentials of phlebotomy are here. This user-friendly text focuses on the proper techniques for collecting quality blood specimens with minimal patient discomfort. It's perfect for intensive one- or two-day phlebotomy courses.

Phlebotomy Best Practices: A Case Study Design Carol Itatani 2020-11-30 Enhance your students' learning in phlebotomy! Navigate eBook for Phlebotomy Best Practices: A Case Study Design is suitable for use with any phlebotomy text, this new workbook includes 40 case studies to help apply concepts, methods and techniques, and information to actual situations.

ASCP Phlebotomy Exam Educational Testing Group 2018-02-03 This practice test includes 220 multiple choice questions about ASCP Phlebotomy Exam The test has been carefully developed to assist you to pass your actual test. It will help you prepare for and pass your exam on the first attempt but it does not include any study guide. The book focuses only on carefully selected practice questions. Three main topics; BASICS OF PHLEBOTOMY, PROCEDURES and VENIPUNCTURE are covered in this test. BASICS OF PHLEBOTOMY questions focus on; #9642 Health Care Structure #9642 Human Anatomy & Physiology #9642 Introduction to Phlebotomy #9642 Medical TerminologyPROCEDURES questions focus on; #9642 Care & Safety #9642 Collection Procedures #9642 Infection Control #9642 Specimen Transport Handling & Processing VENIPUNCTURE questions focus on; #9642 Routine Venipuncture #9642 Venipuncture Complications #9642 Venipuncture Equipment

Phlebotomy Essentials Ruth E. McCall 2008 Thoroughly updated and enhanced by new print and electronic ancillaries, this full-color text provides accurate, practical information and instruction on phlebotomy procedures with a comprehensive background in theory and principles. Reflecting current CLSI guidelines, NAACLS competencies, and federal regulations, this Fourth Edition includes updated information on safety issues and equipment, laboratory information systems and instrumentation, legal issues, and diagnostic tests. This edition also includes caution notes identifying dangerous practices and problem areas. An accompanying CD-ROM includes clinical procedures videos, animations, electronic flashcards, and a glossary with audio pronunciations. Other ancillaries include a new companion Workbook, an Instructor's Resource CD-ROM, and online resources at thePoint.

MA Notes Cindi Brassington 2020-05-19 This handy guide provides all the commonly used, but rarely memorized information you need in both the front and back office—from normal lab values and common medical abbreviations to dosage calculations, triage questions, and more.

The Phlebotomist Chris Panatier 2020-09-08 In a near future where citizens are subject to the mandatory blood draw, government phlebotomist Willa Wallace witnesses an event that makes her question her whole world... To recover from a cataclysmic war, the Harvest was instituted to pass blood to those affected by radiation. But this charitable act has led to a society segregated entirely by blood type. Government blood contractor, Patriot, rewards your generous gift based on the compatibility of your donation, meaning that whoever can give the most, gets the most in return. While working as a reaper taking collections for the Harvest, Willa chances upon an idea to resurrect an obsolete technique that could rebalance the city. But in her quest to set things into motion, she uncovers a horrifying secret that cuts to the heart of everything. File Under: Dystopia [Blood Will Out] This Might Hurt a Bit [Be positive | Bloody Nightmare]

Phlebotomy Simplified Diana Garza 2007-07 Phlebotomy Simplified links the novice phlebotomist to simplified, basic information, techniques, skills, and equipment for the provision of safe and effective blood collection procedures. This book provides introductory competencies, including communication, clinical, technical, and safety skills that any health care worker will use for the "entry-level" practice of phlebotomy. Procedural information is presented in a step-by-step manner using an "on the job" perspective, making this book an excellent resource for healthcare practitioners. Also included with the book is a companion CD that was newly developed to integrate knowledge in a multi-sensory manner.

Phlebotomy Essentials Ruth E. McCall 2011-02-14 "Designed to be used in combination with the fifth edition of the 'Phlebotomy essentials' textbook."--Pref.

Venepuncture & Cannulation: A practical guide Nicola Brooks 2017-02-07 Venepuncture and Cannulation - A Practical Guide offers an easy-to-read, comprehensive account of the practical procedures of venepuncture and intravenous cannulation. It provides the underlying theory and underpinning knowledge required, as well as a step-by-step approach that will enable healthcare practitioners to carry out these procedures safely, efficiently and with confidence. This book is intended as a supplementary resource for those involved in practising or teaching these procedures, for healthcare practitioners wishing to update their knowledge, and for novice practitioners learning these skills for the first time. Each chapter contains intended learning outcomes and points for practice. Some chapters also include helpful illustrations and practical activities, and the book ends with two self-assessment checklists. This second edition has been thoroughly updated and includes a very useful "Test yourself" chapter at the end of the book. Readers can now test their knowledge by answering the relevant questions. They can also identify any gaps in their current level of knowledge or skill, as well as further learning opportunities that may be required to support their practice.